

Saint Michael's Academy Lunch Menu
AUGUST & SEPTEMBER 2010

Mon	Tue	Wed	Thu	Fri
			26 Chef's Choice	27 Chef's Choice
30 Nachos w/ Chili Veggie Sticks Salad Bar Chilled Fruit	31 Soup Sandwich Tossed Salad Chilled Fruit	1 Pepperoni Pizza Salad Bar Veggie Stick Dessert	2 Pineapple Chicken White Rice Broccoli Chilled Fruit	3 <u>NO SCHOOL</u>
6 LABOR DAY No School!	7 Deli Sandwich Chips Fruited Jello Carrot Sticks	8 Oriental Noodles Stir Fry Chicken Green Beans Bread & Fruit	9 Nachos Chili Shredded Iceberg Apple	10 Fish Portions Baby Potatoes Tossed Salad Bread
13 Chicken Nuggets Mashed Potatoes Tossed Salad Chilled Fruit	14 Beef Burrito Tots Tossed Salad Chilled Fruit	15 EMBER DAY Mac & Cheese Green Beans Tossed Salad Grilled Bread	16 CHEF'S CHOICE	17 Grilled Cheese Sandwich Tomato Soup Tossed Salad Chilled Fruit
20 Hot Dog Chili Tossed Salad Chilled Fruit	21 Hot BBQ Sandwich Beans Mixed Veggies Fresh Fruit	22 Pepperoni Pizza Salad Bar Fruit Dessert	23 Meatloaf Mashed Potatoes Tossed Salad Fresh Fruit	24 Bean & Cheese Burrito Corn Tossed Salad Fruit
27 Hot Dog Chili & Cheese Tossed Salad Chilled Peaches	28 Chicken Nuggets Mashed Potatoes Tossed Salad Chilled Pears	29 Lasagna Tossed Salad Bread Stick Mandarin Oranges	30 Chili & Rice Tossed Salad Chilled Fruit	1 Grilled Cheese Sandwich Tomato Soup Tossed Salad Chilled Fruit

◆ Menu subject to change without notice ◆ Milk will be served with every meal ◆ St Michael's is an equal opportunity provider◆